Nuts & Nut Mixes

Almonds Transitional

left coast ORGANICS

Country of Origin: USA

Nutrition Facts
Valeur nutritive

Per 100 g / par 100 g

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 579	
Fat / Lipides 50 g	**75** %
Saturated / saturés 3.8 g + Trans / trans 0 g	**18** %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 1 mg	**0** %
Carbohydrate / Glucides 22 g	**7** %
Fibre / Fibres 12 g	**48** %
Sugars / Sucres 1.3 g	
Protein / Protéines 21 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	26 %
Iron / Fer	20 %

Factoid:

From the time a grower decides to go organic to the time s/he can claim organic, for three years of transitioning they must grow using organic methods but cannot call their crops organic. These almonds were harvested from a farm after its second year of transition from conventional to organic farming.

Added to salads, entrees, vegetables, and desserts, the robust flavors of the Almond turns everyday dishes into signature creations.

Allergen Information:

Contains Tree nuts

Ingredients:

Almonds